

BEEF-CABBAGE CASSEROLE

1 1/2 to 2 lbs. ground beef
1 can tomato sauce or 1 can tomatoes
and 1/2 cup water
1 medium onion, chopped

Dash of garlic
1 tsp. salt
1/2 tsp. pepper
1 cup uncooked rice
1 medium cabbage sliced

Brown ground beef, add onion and other spices. In casserole dish, put layer of meat sauce, layer of rice, layer of cabbage. Repeat process and end with layer of meat sauce. Bake in 325° oven for 1 hour. If casserole becomes dry during baking, just add tomato juice.

1/2 lb. butter
1/2 lb. cheese
1/2 lb. ground beef
1 egg
1 can tomato sauce
1 can onion soup

1 1/2 to 2 lbs. ground beef
1 can tomato sauce
1 can onion soup
1 medium onion, sliced

From ground beef, add onion and other spices. In casserole dish, put layer of meat sauce, layer of rice, layer of cabbage. Repeat process and add when layer of meat sauce is 3/4" over for 1 hour. It is a terrific delicious dry dish. Just add tomato juice.